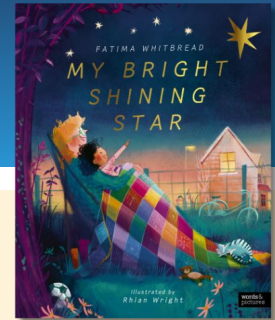




BOOK TALK CARDS



THEMES:

Growing up in care
Adoption • Families • Fostering

My Bright Shining Star

by Fatima Whitbread and Rhian Wright

Join Little Fatima on a journey to find her forever home, even though it is not as easy as she had hoped. But through this journey, a bright shining star is always there to guide Fatima.



OUR THOUGHTS

"The tone is reassuring and positive it's a little covered and always valuable subject matter. Illustrations do lift things and add interest too."

TIME TO TALK

- 1 The author of this book, Fatima Whitbread, is a famous javelin thrower. Have you heard of her? Maybe the class could watch some videos of her on YouTube.
- 2 Imagine or think about living away from your mum or dad. How do you feel?
- 3 Does this book help you understand children who are fostered or adopted better? If you are fostered or adopted, does this book reflect how you feel?
- 4 What do you think the references to the north star mean? Does it refer to the actual star, or to a person who provides guidance?
- 5 There are pictures of constellations in the book. Can you identify them? Can you find out more about constellations
- 6 Which of the families that Fatima visits seem like the kind of family you would choose? Do any of the families remind you of your own?
- 7 How does the north star help people who are lost? Maybe you could investigate how travellers and sailors use it to help navigate.
- 8 What item gives Fatima the most comfort? Can you work it out from looking at the pictures?

TAKE THE TEXT FURTHER WITH OUR TOP 5 TITLES TO CONTINUE THE THEME:

